

urano | obelisco | sirio

aiamut | aimuzara | anagrama | asteroide | atico | batiscafo

| diamante | duomo | edaf | el grano de mostaza | galaxia

| gutenberg | jedisa | gribaudo | herder | impedimenta |

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## EL REGRESO DE CARRIE SOTO

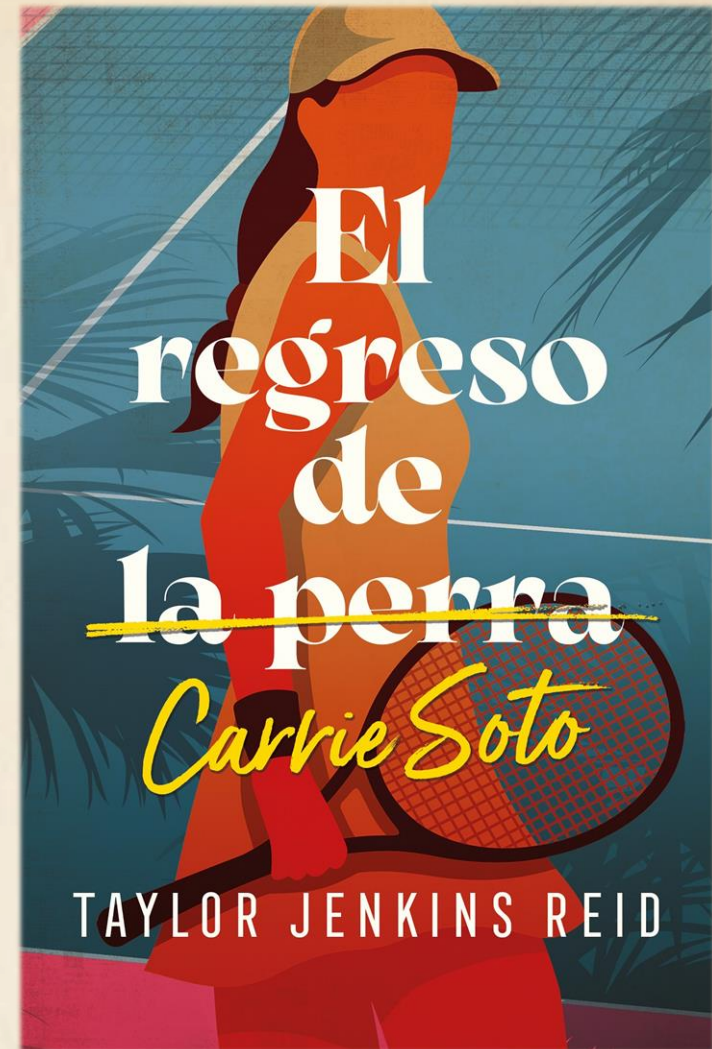
*Carrie Soto is Back*

By TAYLOR JENKINS REID

#1 NEW YORK TIMES BESTSELLER / ONE OF THE BEST BOOKS OF THE YEAR FOR: Time, NPR, PopSugar, Reader's Digest. / Amazon Best Sellers Rank: #11 in Family Saga Fiction / #15 in Women's Domestic Life Fiction / #45 in Literary Fiction

### SINOPSIS

Carrie Soto is fierce and determined to win at any cost. By the time she retires from tennis, she's the best player, has shattered every record and claimed twenty Grand Slam titles. But six years after her retirement, Carrie finds herself sitting in the stands of the 1994 US Open, watching her record be taken from her by a brutal, stunning player named Nicki Chan.



Ediciones Urano | General Fiction | Paperback | 384 pages  
9788419030030 | \$ 20.95



**LA CHICA DEL TIEMPO**  
*Weather Girl*  
By **RACHEL LYNN SOLOMON**

Best romance book for: Amazon, Apple Books, Goodreads / Most Anticipated Books of 2022 for: BuzzFeed, Popsugar, Parade, The Nerd Daily and Fangirlish.

SINOPSIS

Ari Abrams has always been fascinated by the weather, and she loves almost everything about her job as a TV meteorologist. Her boss, legendary Seattle weatherwoman Torrance Hale, is too distracted by her tempestuous relationship with her ex-husband, the station's news director, to give Ari the mentorship she wants. Ari, who runs on sunshine and optimism, is at her wits' end.



**Ediciones Urano | Contemporary Romance | Paperback**  
**352 pages | 9788417421885 | \$ 22.95**

# ENTRE DOS REINOS

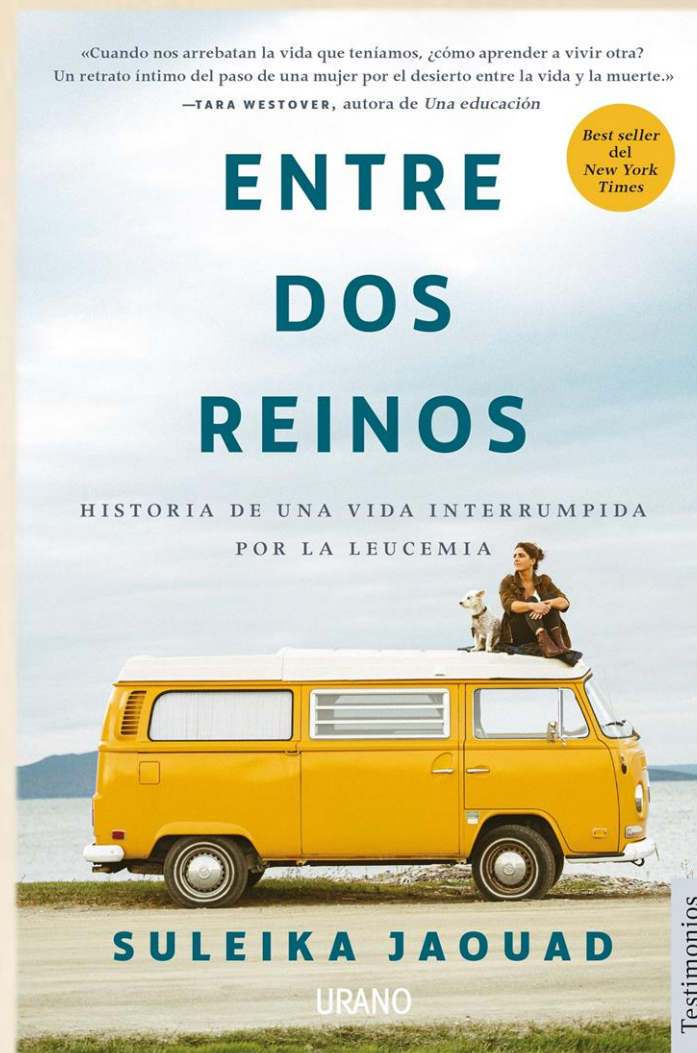
## *Between Two Kingdoms*

By **SULEIKA JAOUAD**

Amazon Best Sellers Rank: #10 in Sociology of Death / #17 in Medical Professional Biographies / ONE OF THE BEST BOOKS OF THE YEAR: The New York Times Book Review, The Washington Post, Bloomberg, The Rumpus, She Reads, Library Journal, Booklist.

### SINOPSIS

At twenty-two, Suleika Jaouad had her whole life ahead of her, until cancer cut it short. Some time later, she became known in the United States for her column in the New York Times entitled "Life, Interrupted", in which she narrated in real time the shocking experience of her disease, an aggressive leukemia with a survival rate of 35% and resistant to treatment.



**Ediciones Urano | Biography & Memoirs | Paperback | 384 pages**  
**9788417694876 | \$ 23.95**



# LA FUERZA DE LA VIDA

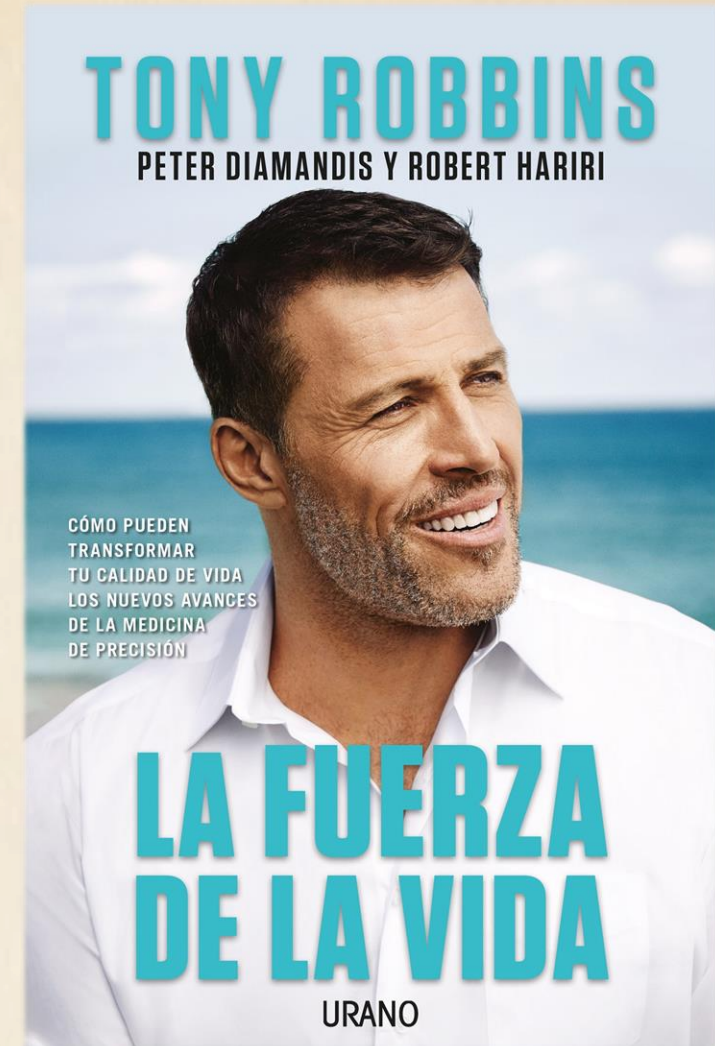
*Lifeforce*

By **TONY ROBBINS**

INSTANT #1 NEW YORK TIMES BESTSELLER /  
Amazon Best Sellers Rank: #16 in Longevity.

## SINOPSIS

Medicine based on treated symptoms belongs to the past. Today biology joins technology to offer therapies that reverse the original disease, lengthen life and allow us to make the most of our most powerful resource: the body's own vital force. Tony Robbins, motivational speaker and personal training icon, dedicates his new book to these amazing forms of prevention and treatment.



Ediciones Urano | Health & Fitness | Paperback | 768 pages  
9788417694777 | \$ 32.95

# EL PODER DE LA INTEGRIDAD

*The Way of Integrity*

By **MARTHA BECK**

OPRAH'S BOOK CLUB PICK / AN INSTANT NEW YORK TIMES BESTSELLER

## SINOPSIS

In *The Way of Integrity*, Beck presents a four-stage process that anyone can use to find integrity, and with it, a sense of purpose, emotional healing, and a life free of mental suffering. Much of what plagues us - people pleasing, staying in stale relationships, negative habits - all point to what happens when we are out of touch with what truly makes us feel whole.

"Este brillante ensayo no sólo cambiará tu vida.  
También es posible que la salve."

ELIZABETH GILBERT, AUTORA DE *COME, REZA, AMA*

# El poder de la INTEGRIDAD

MARTHA BECK



Una guía en cuatro pasos  
para combatir el sufrimiento emocional  
y dar una nueva dirección a tu vida

URANO

Ediciones Urano | Personal Growth | Paperback | 312 pages  
9788417694814 | \$ 20.95



# KUMA KUMA KUMA BEAR 2

*Kuma Kuma Kuma Bear 2*

By KUMANANO

A fun manga book to enjoying reading. Such cute & adorable characters and a great story. If you like Isekai stories, give this one a try. You might just realize that you love bears.

## SINOPSIS

The bear necessities... After getting transported to a fantasy world, Yuna has started to find her groove – she's making new friends and even has two adorable bear summons to keep her company. But if she's going to continue to level up, she needs to set up a base of operations. In this strange world, can Yuna find a place to call home?



Grupo Atico | Comics & Graphic Novels | Paperback | 176 pages

9788418524325 | \$ 11.95

# NOS LAS ARREGLAREMOS (MAS O MENOS)

*The Two Gets by Tomorrow Too, More or Less*  
By SUZUYUKI

An entertaining love story in manga by the Japanese author, Suzuyuki, who's famous on the digital environment and well known in digital magazines.

## SINOPSIS

After dating for a year and three months, the unruffled Yuuya Aida asks his beautiful girlfriend Rio Aihara to move in with him. Despite busy work schedules and their age difference, their love for each other never wavers.



Grupo Atico | Comics & Graphic Novels | Paperback | 172

pages

9788418524509 | \$ 11.95



# !!! TODO SOBRE LA REGLA!!!

*All about the Period?*

By ANNA ROY MADEMOISELLE CAROLINE

Anna Roy and Mademoiselle Caroline conceived this book as a practical, accessible and lively travel companion, to help you serenely approach an important stage of adolescence.

## SINOPSIS

The bear necessities... After getting transported to a fantasy world, Yuna has started to find her groove – she's making new friends and even has two adorable bear summons to keep her company. But if she's going to continue to level up, she needs to set up a base of operations. In this strange world, can Yuna find a place to call home?



Ediciones Obelisco | Health & Fitness | Paperback | 96 pages  
9788418956164 | \$ 20.95

# VIDA DESPUES DE LA MUERTE

*Life after Death*

By **MARY T. BROWNE**

Excessive grieving by survivors, she warns, can make it harder for the deceased "to make a clean break" and accept "death as rebirth into life of the spirit." - Publishers Weekly.

## SINOPSIS

World-famous psychic Mary T. Browne had her first Paranormal experience at age seven. During the next thirty years her visions and communications with the other world have helped her understand death and mysteries and also make a true-life philosophy. A thin veil separates the physical from the spiritual world, but most humans don't have the sense to see beyond that veil.



**Ediciones Obelisco | Metaphysical - Esoteric | Paperback**  
**192 pages | 9788491119111 | \$ 15.95**



## EL SECRETO PARA ATRAER DINERO

*The Secret to Attract Money*

By JOE VITALE

This is a splendid book! It's a very interesting work from Joe Vitale since The Secret. It touches so many personal areas that it feels like a coaching session! This book makes a perfect gift!

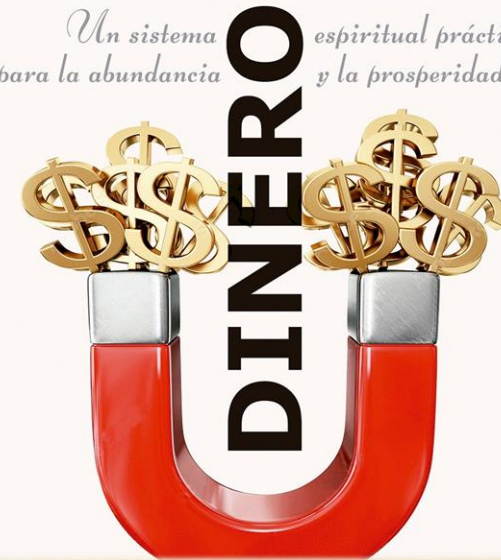
### SINOPSIS

Dr. Joe Vitale, bestselling author, and co-star of The Secret, shows you how to attract money easily and effortlessly by harnessing the amazing power of the Law of Attraction! The potential to attract money and create abundant wealth does not lie in your job, your personal circumstances, and not even in your economy.

JOE VITALE

# EL SECRETO PARA ATRAER

*Un sistema para la abundancia espiritual práctico y la prosperidad*



EDICIONES OBELISCO

Ediciones Obelisco | Personal Growth | Paperback | 128 pages

9788491119104 | \$ 15.95

# EL PODER DE LOS INTROVERTIDOS

*The Powerful Purpose of Introverts*

By **HOLLEY GERTH**

Fall 2020 nominee for the Next Big Idea Club. / Wall Street Journal bestselling author with over 500,000 copies sold releases a powerful new book about introverts!

## SINOPSIS

Half the population is introverted, but most people don't understand what it means to be one. In this book, Holley Gerth explains what you need to know, from the neuroscience to the psychological, relational, and spiritual aspects of being an introvert. She also reveals exactly what can help you overcome inner conflicts and maximize your strengths to live with transparency.

POR QUÉ EL MUNDO NECESITA QUE SEAS COMO ERES

# El poder de los INTROVERTIDOS

**HOLLEY GERTH**



EDICIONES OBELISCO

**Ediciones Obelisco | Psychology | Paperback | 208 pages**

**9788491119562 | \$ 18.95**



# TUS PROXIMAS CINCO JUGADAS

*Your Next Five Moves*

By **PATRICK BET-DAVID & GREG DINKIN**

AN INSTANT INTERNATIONAL BESTSELLER \* #1  
WALL STREET JOURNAL BESTSELLER / Amazon  
Best Sellers Rank: #1 in Strategic Business  
Planning / #3 in Systems & Planning / #4 in  
Entrepreneurship

## SINOPSIS

The revised and expanded third edition of the bestselling guide to understanding borderline personality disorders with advice for communicating with and helping the borderline individuals in your life.

# Tus Próximas Cinco Jugadas

DOMINA EL  
ARTE DE LA ESTRATEGIA  
EN LOS NEGOCIOS



Patrick Bet-David

con Greg Dinkin



Editorial Sirio | Business & Economics | Paperback | 384 pages

9788419105240 | \$ 21.95

# INTELIGENCIA FINANCIERA

## *Financial Intelligence*

By **KAREN BERMAN & JOE KNIGHT**

Amazon Best Sellers Rank: #1 in Managerial Accounting / #6 in Business Writing Skills / Financial Intelligence is an essential reading for anyone wanting to get the most out of their dollar investment. A great book to promote financial literacy. –Midwest.

### SINOPSIS

With questions and accounting literacy, accessible and filled with entertaining stories of real companies, Financial Intelligence gives nonfinancial managers the confidence to understand the nuance beyond the numbers--to help bring everyday work to a new level.



**Editorial Sirio | Business & Economics | Paperback | 384 pages**  
**9788419105202 | \$ 20.95**



# SOP: SINDROME DE OVARIOS POLIQUISTICOS

*The PCOS Plan*

By **JASON FUNG & NADIA BRITO**

Amazon Best Sellers Rank: #30 in Endocrine System Diseases / #34 in Fertility / A book with important information and easy to read. Totally worth reading.

## SINOPSIS

New York Times bestselling author Dr. Jason Fung joins forces with naturopathic Dr. Nadia Pateguana to offer methods to prevent and reverse PCOS through diet and intermittent fasting. Polycystic Ovary Syndrome (PCOS) is the most common reproductive disorder in the world.

Dr. JASON FUNG

& Dra. Nadia Brito Pateguana

S Í N D R O M E D E  
O V A R I O S  
P O L I Q U Í S T I C O S



UN PLAN PARA  
PREVENIR Y REVERTIR EL SOP  
MEDIANTE EL AYUNO Y LA DIETA

**S**IRIO

Editorial Sirio | Health & Fitness | Paperback | 296 pages

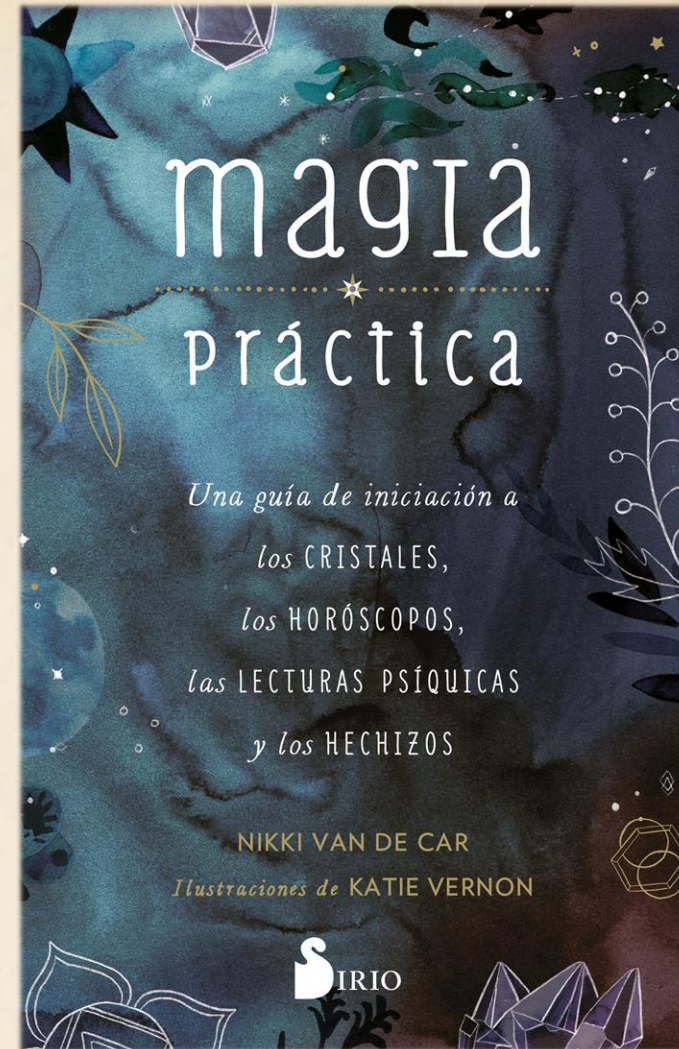
9788418531859 | \$ 19.95

**MAGIA PRACTICA**  
*Practical Magic*  
By **NIKKI VAN DE CAR**

Amazon Best Sellers Rank: #52 in Divination with Crystals / This is a fun read, even if you are not planning to practice magic!

SINOPSIS

Practical Magic is a charmed introduction to the wonders of modern magic and mysticism, from crystals and astrology to chakras, dream interpretation, and, of course, a few spells! Focusing on three primary areas -- healing, magic, and fortunetelling -- this book provides the perfect primer for sophisticated dabblers, with inviting text and spell-binding illustrations.



**Editorial Sirio | Metaphysical - Esoteric | Paperback | 212 pages**  
**9788419105257 | \$ 16.95**



# EL AMOR DE TU ALMA

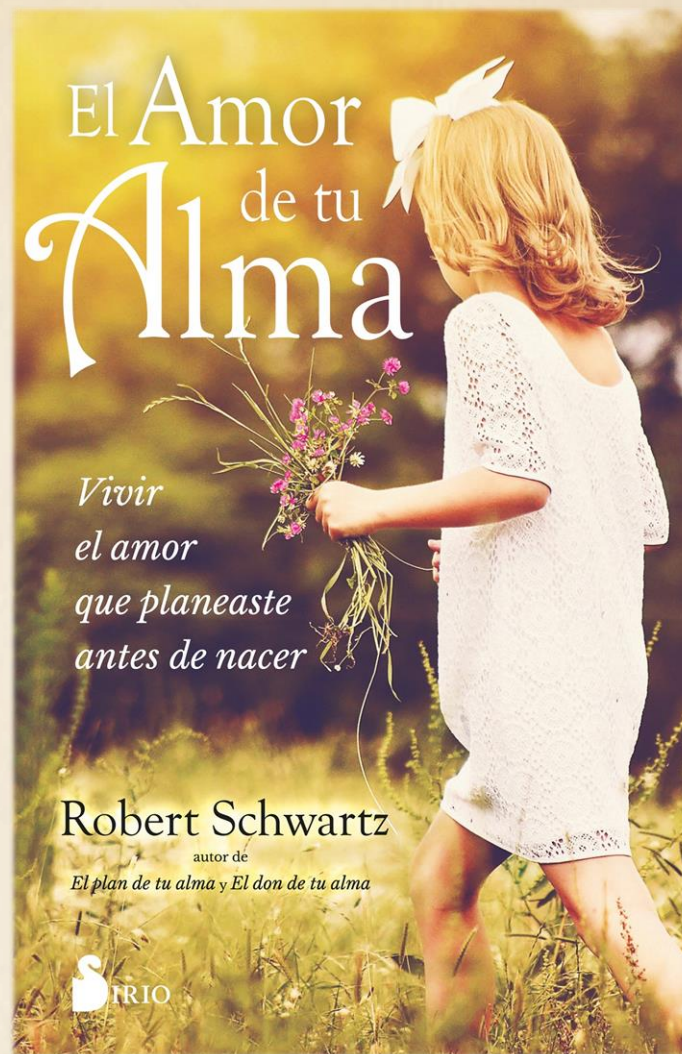
*Your Soul's Love*

By **ROBERT SCHWARTZ**

**\*AMAZON BESTSELLER IN THREE CATEGORIES\* /  
Amazon Best Sellers Rank: #53 in Reincarnation /  
#57 in Spiritual Channeling**

## SINOPSIS

The author explores the pre-birth planning of challenges related to romantic relationships. Working again with several gifted mediums and channels, and this time incorporating the Between Lives Soul Regressions he does as a skilled hypnotist, Schwartz brings great wisdom and love from "the other side" to explain why we plan such experiences before we are born.



**Editorial Sirio | Metaphysical - Esoteric | Paperback | 248 pages  
9788418531644 | \$ 19.95**

## SER EXCEPCIONAL

*be exceptional master the five traits that set  
extraordinary people apart*

BY JOE NAVARRO

Joe a retired fbi agent, international best-selling author which has been translated into 29 languages, has been acclaimed by the Wall Street Journal as "one of the six best business authors to read."

### SINOPSIS

a master class in leadership from the world's top body language expert. from internationally bestselling author and retired fbi agent Joe Navarro, a look at the five powerful principles that set exceptional individuals apart. Joe Navarro spent a quarter century with the fbi, pursuing spies and other dangerous criminals across the globe. now he shares his hard-earned lessons in this new book on leadership.

# SER EXCEPCIONAL

Desarrolla los 5 rasgos  
que distinguen a la gente extraordinaria



J O E N A V A R R O

autor de *El cuerpo habla*

con Toni Sciarra Poynter

**S**IRIO

editorial sirio | PSYCHOLOGY | PAPERBACK | 328 PAGES

9788418531886 | 20.95



# LA CIENCIA DE HACERSE RICO Y OTRAS OBRAS

*The Science of Getting Rich and other  
works*

By **WALLACE D. WATTLES**

Amazon Best Sellers Rank: #75 in Wealth Management / One of the best books on Mind power, thinking and developing mind to get rich.

## SINOPSIS

There is a science to getting rich and it's like algebra or mathematics. Once learned and followed, any man can become rich. The most famous get-rich-quick scheme will reveal how to achieve wealth and prosperity using the system used by hundreds of American billionaires.

**WALLACE D. WATTLES**

**LA CIENCIA**

**DE HACERSE**

**RICO**

edaf 

LA CIENCIA DEL  
**BIENESTAR**

LA CIENCIA DE  
**SER GRANDE**

Edaf | Personal Growth | Paperback | 256 pages  
9788441441873 | \$ 21.95

# 15 MIRADAS A LA FELICIDAD

*15 Looks to Happiness*  
By **VARIOUS AUTHORS**

Highly recommended for the simple way of expressing and the different visions of happiness and the ways to achieve it. A very good work by its fifteen authors.

## SINOPSIS

This inspiring work proposes diverse and simple reflections to rethink the notion of happiness based on concepts such as: construction, strengthening, falling in love, emotion, adversity, pleasure, perplexity, individuality, cinematography, philosophy, accumulation of events, maturity and process. The text includes the following: is it possible to build happiness?



**Editorial Almuzara | Personal Growth | Paperback | 184 pages  
9788411312776 | \$ 18.95**



# MACRAME

*Macrame*  
By YULI FLORES

Macramé, in the same way as the practice of mindfulness so widespread in recent years, teaches our brain to get out of survival mode and enter wellness mode. -Irene Plata, psychologist & expert in mindfulness.

## SINOPSIS

This book introduces us to the exciting world of the knotting technique, macramé. Yuli Flores is the founder of a community of more than 500 thousand creative people who have learned macramé with her technique and charisma. Throughout these pages, Yuli will take you by the hand to become a master in this art that transforms lives.



Editorial Almuzara | Reference | Paperback | 136 pages  
9788411312998 | \$ 22.95

## ENTRE AMIGOS

*Between Friends*

By **CARLOS CUAUHEMOC SANCHEZ**

This book offers intellectual training. It is a quick and entertaining read. The stories are short, but very uplifting, about helping the family, parenting or personal growth. A book great for a gift.

### SINOPSIS

Between Friends is an intimate dialogue about family, friendship, love, fears, and the meaning of life. It is a daily break so that the routine does not take us away from what really matters. It is a very special gift, a pat on the shoulder, timely advice, for you, for your closest family and friends. It contains powerful ideas that will help you be the best version of yourself.

**CARLOS CUAUHTÉMOC SÁNCHEZ**

# ENTRE AMIGOS



**UN ABRAZO EN PALABRAS PARA TI**

 **DIAMANTE**

**Editorial Diamante | Personal Growth | Paperback | 224 pages**

**9786075935317 | \$ 24.95**

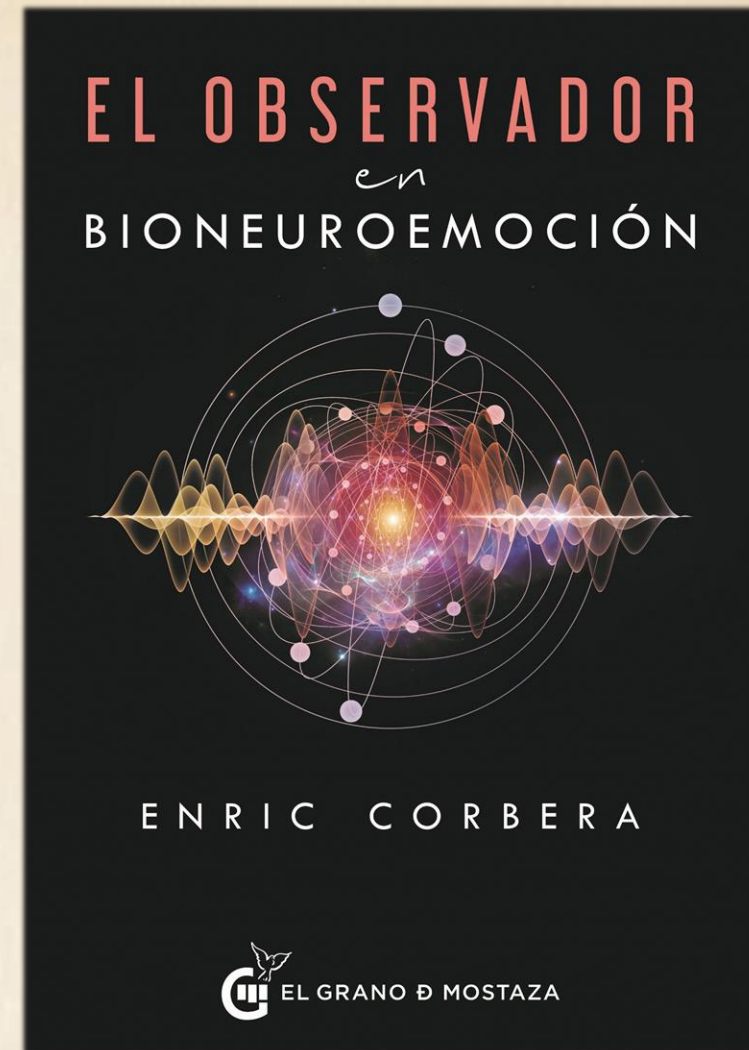


**EL OBSERVADOR EN  
BIONEUROEMOCION**  
*The Observer in Neuroemotion*  
By **ENRIC CORBERA**

An extraordinary book. A must read to understand how we are responsible for each thought, emotions and feelings.

SINOPSIS

This work is inspired in the observation of reality. Human beings are entering a new awareness. Our mind is opening up to a search in which it allows interaction between different aspects of science and psychology.



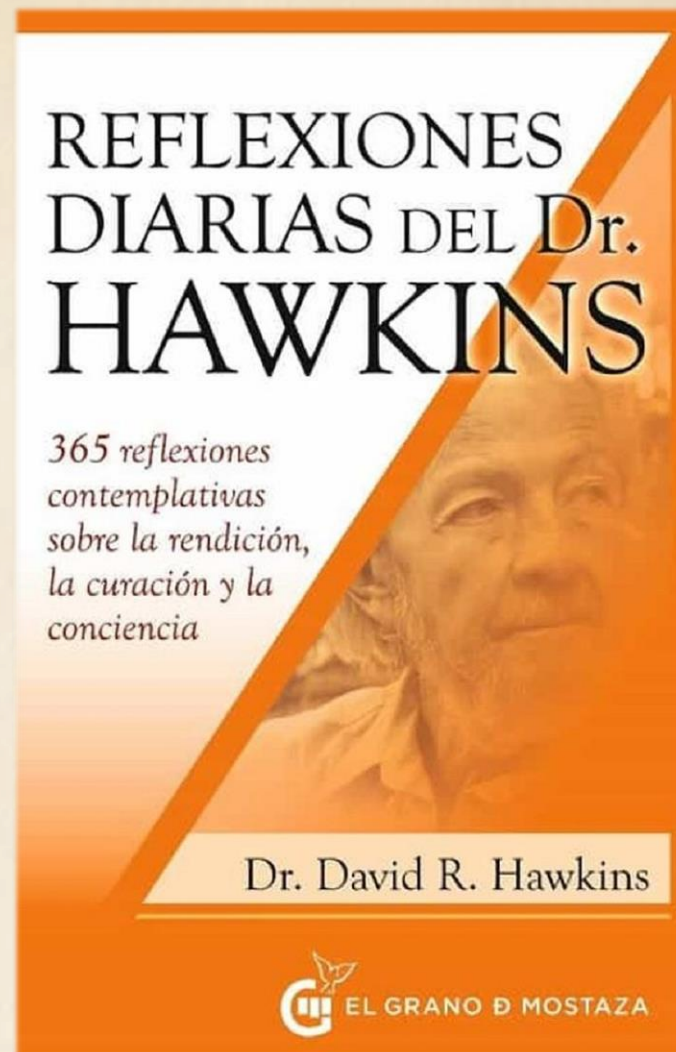
**Editorial El Grano de Mostaza | Mind, Body & Spirit | Paperback**  
**284 pages | 9788412415988 | \$ 23.95**

**REFLEXIONES DIARIAS DEL  
DOCTOR HAWKINS**  
*Daily Reflections of Doctor David R.  
Hawkins*  
By **DAVID R. HAWKINS**

Amazon Best Sellers Rank: #91 in Chakras / A collection of 365 insightful quotes to guide readers on the path to enlightenment.

SINOPSIS

This is a series of daily reflections, one for every day of the year, on spirituality and the spiritual path. They help concentrate the attention during the day on a relevant subject.



**Editorial El Grano de Mostaza | Religion & Spirituality |  
Paperback  
210 pages | 9788412513936 | \$ 21.95**



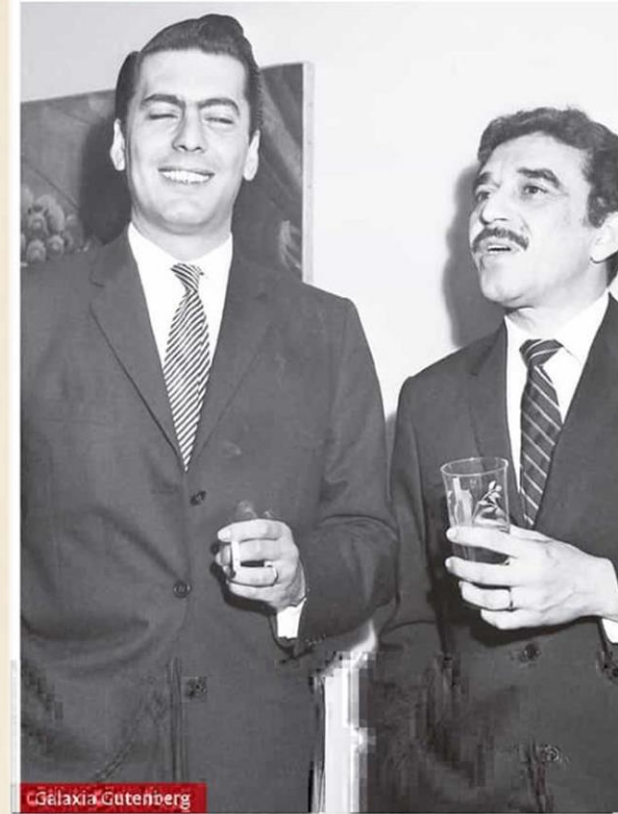
**LOS GENIOS**  
*The Geniuses*  
By **JAIME BAYLY**

A long-awaited book that recreates the years in which García Márquez and Vargas Llosa were friends and the intimate circumstances that poisoned their friendship.

SINOPSIS

Two literary geniuses coexist in the Barcelona of the sixties. They see each other almost daily. They write about each other, share friendships, party nights, conversations about books and writing, and above all the brilliant start to their literary careers which, under the leadership of who would become one of the most powerful literary agents in the world.

Jaime Bayly  
**Los genios**



**Batiscafo libros | General Fiction | Paperback | 224 pages**  
**9788419392244 | \$ 22.95**

# LA COCINA DE LA REINA

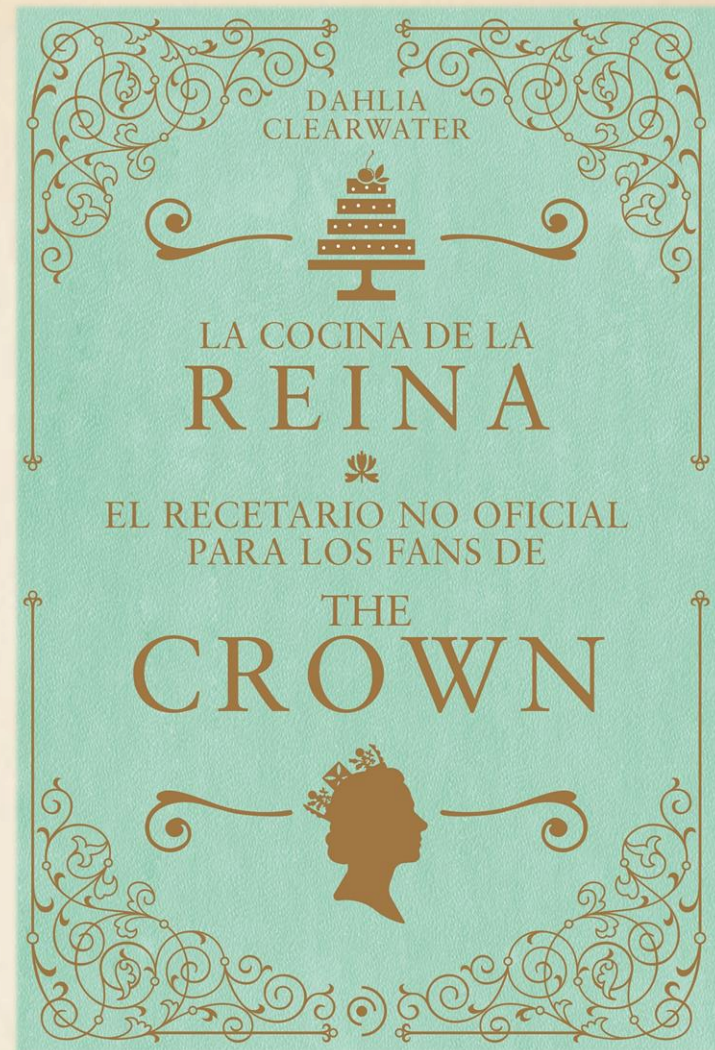
*Recipes for Royals*

By DAHLIA CLEARWATER

Delicious dishes inspired by Netflix's award-winning hit *The Crown*. / Amazon Best Sellers Rank: #62 in Brunch & Tea Cooking / #64 in English, Scottish & Welsh Cooking & Wine

## SINOPSIS

Immerse yourself in the intrigue, history, and splendor of *The Crown* with foods inspired by the show and the real-life royals themselves. Now, you can enjoy the seasonal favorites, perfectly prepared wild game, and decadent chocolate desserts that have delighted Queen Elizabeth's family for decades. Discover 75 delectable recipes in the traditions of Buckingham Palace.



Duomo ediciones | Cooking | Hardcover | 232 pages  
9788419004802 | \$ 19.95



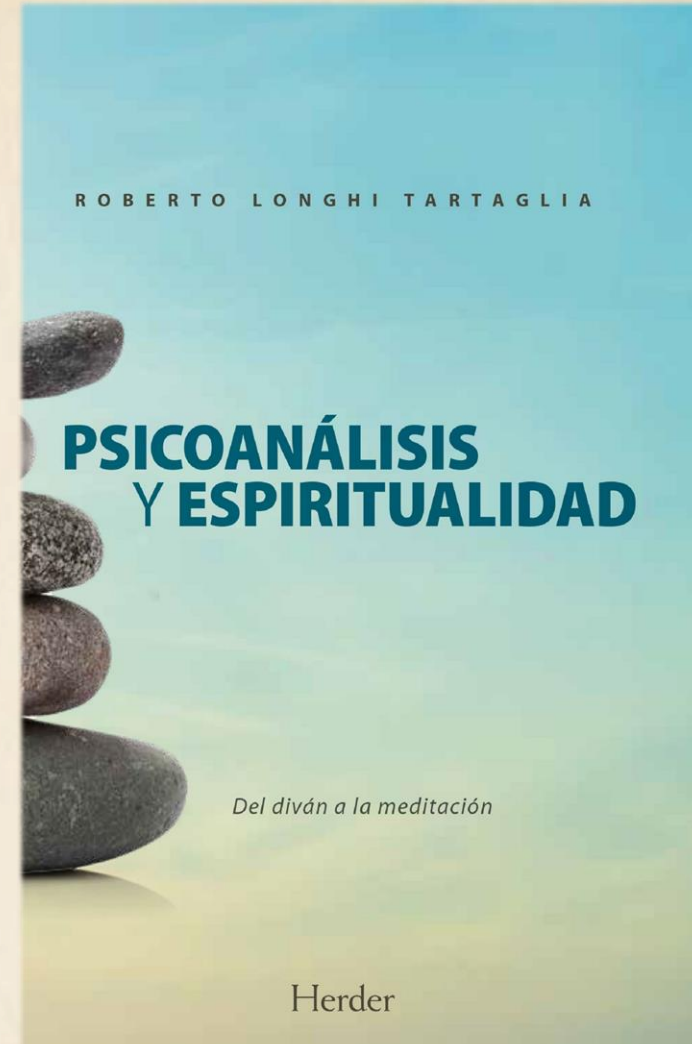
# PSICOANÁLISIS Y ESPIRITUALIDAD

*Psychoanalysis and Spirituality*  
By **ROBERTO LONGHI TARTAGLI**

This book becomes a pleasant and serene journey through approaches that can help clarify the vital meaning of activities. A delight to read, tremendously inspiring.

## SINOPSIS

Psychoanalysis and spirituality delve into a sacred space: the interior of the human being. In these pages, Roberto Longhi shares his psychoanalytic experience and points out suggestive affinities between psychoanalysis sessions and meditation, integrating different polarities: two subjects (me and not-me), two mediations (word and silence), two states (fullness and emptiness).



**Herder Editorial | Mind, Body & Spirit | Paperback | 176 pages**  
**9788425447464 | \$ 21.95**

# REVOLUCIONA TU VIDA

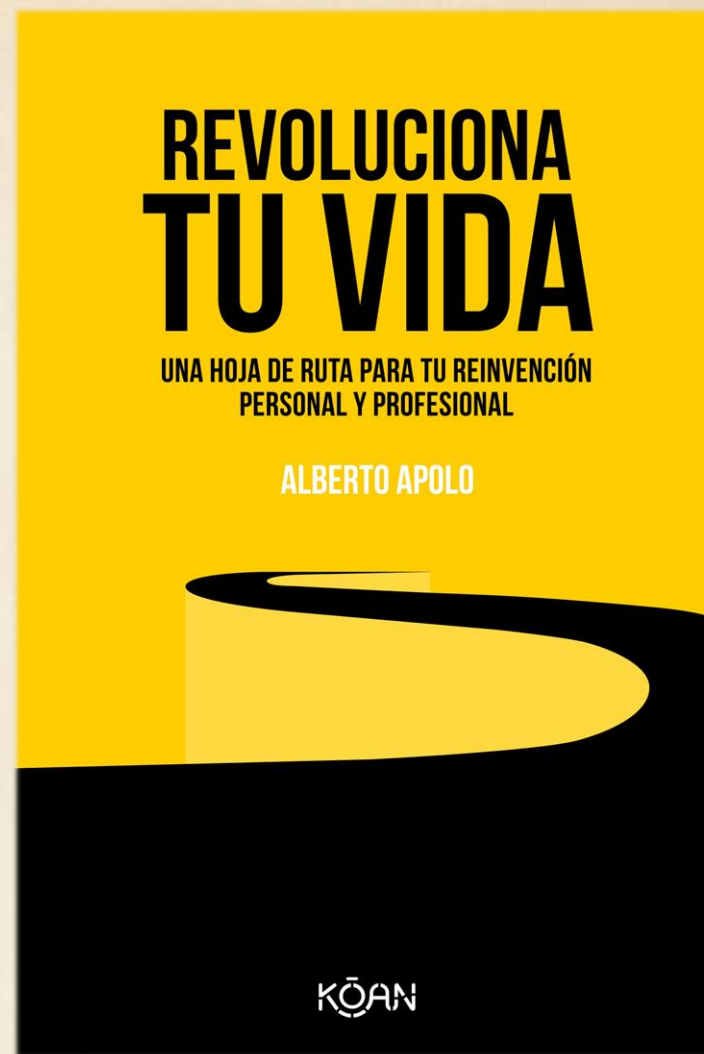
*Revolutionize your Life*

By ALBERTO APOLO

A roadmap for your personal and professional reinvention. / In a clear, honest, and light-hearted way (and with a provocative tone) this book offers tools to discover your potential so that you can embark on your path and find your own freedom.

## SINOPSIS

There is nothing more liberating than regaining our innate power. I have conceived this book as a practical instrument of self-inquiry that allows you to reinvent yourself. In other words, revolutionize your life. If your life changes, we change the world. Are you ready for the journey?



Koan Libros | Personal Growth | Paperback | 240 pages  
9788418223389 | \$ 22.95



**VUELA**  
*Do Fly*  
By **GAVIN STRANGE**

Do Fly is a thoroughly refreshing take on what real leadership is all about. It's a short book, to the point, and not to be missed. -Rita Gunther McGrath, Professor, and Author.

SINOPSIS

Do Fly will inspire you to do your work with love. To change your perspective and revamp your mindset, to stay optimistic and resilient, to discover skills and passions you never knew you had. Do Fly is your all-in-one guide, ticket and passport to a new destination. Are you ready for takeoff?

**VUELA/**  
Encuentra  
tu pasión.  
Gánate la vida.  
Sé tu mejor  
versión.  
*Gavin Strange*

*Vietor*

**KOAN**

**Koan Libros | Personal Growth | Paperback | 128 pages**  
**9788418223532 | \$ 17.95**

# ¿BIENVENIDO METAVERSO?

*Welcome Metaverse?*

By **LILIANA ARROYO & JOSE  
RAMON UBIETO**

A fascinating approach to the questioned idea of presence, formulated from a serene but militant humanism. -La Vanguardia

## SINOPSIS

The use of technologies has been normalized to the point of ensuring a digital life based on multiple and permanent connection. However, it supposes certain unknowns about the face-to-face and the virtual, the technical and social conditions, and the economic, political and psychological consequences of technological advances.

José Ramón Ubieta y Lilitiana Arroyo Moliner

# ¿BIENVENIDO METAVERSO?

*Presencia, cuerpo y avatares  
en la era digital*



**Ned Ediciones | Present Chronicles | Paperback | 176 pages  
9788418273803 | \$ 18.95**



**LOS SIETE DUELOS DE LA  
MIGRACION Y LA  
INTERCULTURALIDAD**  
*The Seven Griefs of Migration and  
Interculturality*  
By **JOSEBA ACHOTEGUI**

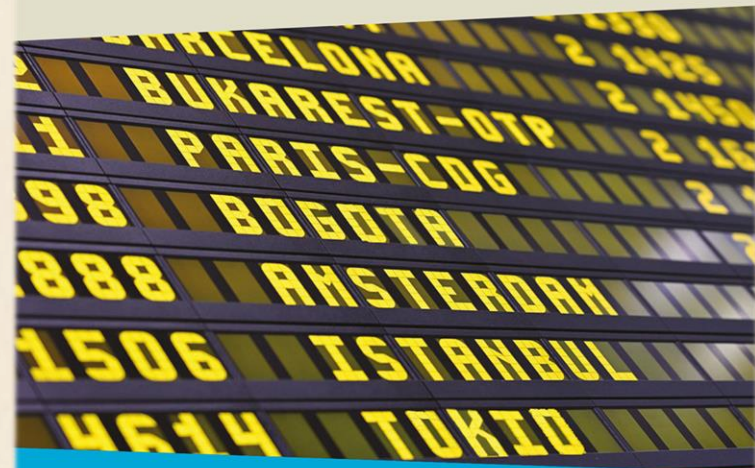
This book is part of a series aimed at improving the quality of life and promoting balance between people and their social environment. A highly recommended read.

SINOPSIS

How does migration affect the life and psychology of each person? Do all migrants experience this process in the same way? What are the difficulties for the families they leave behind? The impact of migration is a key element in understanding human history. A complex phenomenon with challenges for individuals and communities.

**Joseba Achotegui**

**LOS SIETE DUELOS DE LA  
MIGRACIÓN Y LA  
INTERCULTURALIDAD**



**Ned Ediciones | Present Chronicles | Paperback | 304 pages  
9788418273605 | \$ 27.95**